



6TH ASIA PACIFIC INTERNATIONAL CONGRESS OF ANATOMY
(6TH APICA)

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13TH NATIONAL CONGRESS OF INDOONESIAN ANATOMIST ASSOCIATION
(13TH PIN-PAAI)

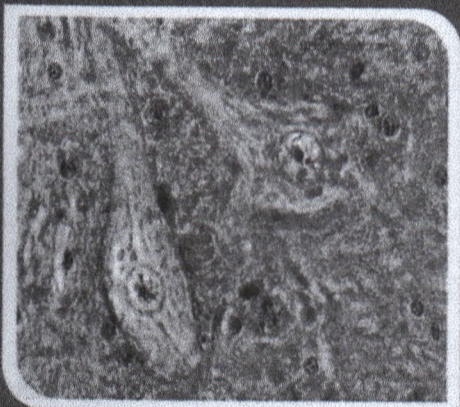
Proceeding Book

THE FUTURE OF ANATOMY

Clinical Anatomy

Biomolecular and Cellular Anatomy

Anatomy in Radiology and Imaging



GrahaBIK-IPTEKDOK

Faculty of Medicine of Airlangga University

Surabaya, 22nd-23rd July 2011

Indonesia

PROGRAM DAY-2

July 23rd, 2011

Time	Activity	
07.00-08.00 am	VENUE: GRAHABIK-IPTEKDOK (GRABIK) Re-registration	
08.00-08.20 am	Venue: Grabik 2nd floor Moderator: Prof. H. Bambang Rahino S, dr. Keynote speaker I: Prof. H. Ari Gunawan, dr., MS., PhD (Indonesia). (KS II.I) "The Role of Anatomy in Supporting Medical Sciences"	
08.20-08.40 am	Keynote speaker II: Prof Madya. Dr Srijit Das (Malaysia) (KS II.II) "Active Research in Anatomy : Do We Really Care for the Needy"	
08.40-09.00 am	Venue: GRABIK 2nd floor Moderator: Prof. Jeanne A Pawitan, dr., PhD Keynote Speaker III: Dr. Parker B. Antin (AAA,USA)(KS II.III)	
09.00-09.20 am	Keynote Speaker IV: Assc/ Prof. Christopher Briggs, PhD (ANZACA,Australia)(KS II.IV)	
09.20-09.40 am	Keynote Speaker V: Djoko Santoso, dr., PhD., Sp.PD, K-GH (Indonesia) (KS II.V)	
09.40-10.00 am	Keynote Speaker VI : Prof. Dr. Teddy Ontoseno, dr., Sp.A (K)., Sp.JP (Indonesia) (KS II.VI)	
10.00-10.30 am	Discussion	
10.30-10.50 am	Coffee break	
10.50-11.10 am	Venue: GRABIK 2nd floor Plenary session IV: Cellular & Biomolecular Anatomy(Moderator: Prof. Dr. Yanwirasti, dr)	Venue: RK. Anatomi Plenary session V: Clinical anatomy (Moderator: Prof. Dr. Nancy M. Rehatta, dr., SpAn K.IC)
11.10-11.30 am	Speaker XIII: Prof. In-Sun Park (Chairman of KAS) (PSIV.I)	Speaker XVII: Prof. Dr. Doddy M. Soebadi, dr, Sp.U (Indonesia) (PSV.III)
11.30-11.50 am	Speaker XIV: M.H. Nasr-Esfahani, B.Sc, PhD (Iran) (PSIV.II)	SpeakerXVIII:Prof.PasukMahakkanukrauh (Thailand) (PSV.I)
11.50-12.10 am	Speaker XV: Assc/ Prof. Heidari M. Hassan, PhD (Iran) (PSIV.III)	Speaker XIX: Prof. Chang-Seok Oh, MD, PhD (Korea) (PSV.IV)
12.10-12.40 am	Speaker XVI: Prof. Dr. Gayatri Rath (India) (PSIV.IV)	Discussion
12.40-02.00 pm	Venue: Grabik 2nd floor Lunch & poster presentation (even numbers) Jury : Teddy H. Wardhana, dr., Sp.OT, dr. Ni Wajan T, dr., MS, PA, Prof. Dr.Nasronuddin, dr., Sp.PD., K-PTI., FINASIM, Prof. Pasuk Mahakkanukrauh, Assc/ Prof. Heidari M. Hassan, PhD, Visiting Prof. Yoshiyuki Tohno. Prof. Purnomo S, dr, MS, Dr., Dr. Kumkum Rana Note: Presenter for poster competition must stand beside his/her poster from 01.00-01.45 pm for jury to be able to mark (Q&A)	
	Small warm meeting Moderator : Prof. Dr. Nancy M. Rehatta, dr., SpAn K.IC Agenda : Discussion of potential networking in Reasearch and Educational Training Participant : University representative, Dean and Vice Dean III of Medical Faculty Airlangga University, Head of Department of Anatomy and Histology, Senior Lecturers of Department of Anatomy and Histology FMAU, Head of UPPM FMAU, Invited guests, APICA, and ANZACA Representative members Venue : VIP Room GRABIK Lt 2.	

Parallel session II					Venue: Ruang Praktikum Anatomi	Venue: Ruang Sidang Anatomi
Oral presentation for competition (@ 10 mins presentation, 5 mins Q&A)						
Venue: GRABIK 2nd floor	Venue: RK Anatomi	Venue: RK Histologi	Venue: RK Khusus			
<p>Moderator: dr. Ni Wajan T, dr., MS, PA Jury : Prof.H. Bambang Rahino S, dr., Prof. Jong Eun Lee</p>	<p>Moderator: Teddy H. Wardhana, dr., Sp.OT Jury : Prof. Dr. Teddy Ontoseno, dr., Sp.A (K), Sp.JP, Prof. Changman Zhou</p>	<p>Moderator: Prof. Dr. Bambang Sektiari L, drh., DEA Jury:Dr., Dra. Toetiek Koesbardiati, Prof. Fedik A. Rantam, drh., M.Kes, PhD</p>	<p>Moderator: Ferdiansyah, dr., SP.OT Jury : Prof. Sudjono Aswin, dr., PhD, Prof. Dr. Abdul Hafid Bajamal, dr., Sp.BS</p>	<p>Moderator: Susy, drg., MS, Prof. Anita Tuli</p> <p>Forensic Anthropology Maciej Henneberg, MSc (summa cum laude), PhD, DSc., FAIBiol (Australia)</p> <p>Facial Reconnstruction Demonstration Myrtati DA, Dra.,MA., PhD (Indonesia)</p>	<p>PIC: Prof. Rio Sofwanhadi, dr., PA(K)</p> <p>APICA organization meeting Moderator: Prof. Kyung Ah Park</p> <p>Prof Joghataei, Prof Yun-Qing Li, Prof. Park (representative member from KAA), Dr Abdurrachman, APICA members</p>	
Participant OB17-OB20	Participant OB21,OC1-OC3	Participant OC4-OC7	Participant OC8-OC11			
Parallel session III						
Oral presentation for competition(@ 10 mins presentation, 5 mins Q&A)						
Venue: GRABIK 2 nd floor	Venue: RK Anatomi	Venue: RK Histologi	Venue: RK Khusus			
<p>Moderator : Yan Efrata S, dr.,Sp.BTKV Jury: Prof P. Gopalakhrisnakone MBBS, PhD., FAMS., DSc, Prof. Dr. Yanwirasti, dr</p>	<p>Moderator : Tomy Lesmana, dr., SpB. KBD Jury : Paulus Rahardjo, dr., Sp.Rad (K) , Myrtati DA,Dra.,MA.,Ph.D</p>	<p>Moderator : Mustofa Helmi Effendi, drh., MS Jury: Prof.Dr. Gayatri Rath, Djoko Santoso, dr., PhD., Sp.PD, K-GH</p>	<p>Moderator : Dr. H. Bambang Purnomo, drh., MS Jury : Prof. Eryati Darwin, dr., Dr.Parker B. Antin</p>			
Participant OC12-OC17	Participant OC18-OC23	Participant OC24-OC26, OB22	Participant OC27-OC29, OB23			
Coffee Break & Social time				Venue: RK Khusus/ RS Anatomi Jury meeting for oral & poster award-winning		
Venue: Grabik 2 nd floor Award winning ceremony, PA & PA(K) Brevet award Closure						

Biomolecular and Cellular Anatomy (PB23)

EFFECT OF VIRGIN COCONUT OIL (VCO) AND POVIDONE IODINE ON THE DENSITY OF COLLAGEN AND WOUND CONTRACTION IN WOUND HEALING PROCESS IN RATS

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ABSTRACT

Introduction: Indonesia is an archipelago of biodiversity with around 30,000 plant species, and more than 10,000 species have been used for treatment. Virgin Coconut Oil (VCO) derived from palm that grows along the Indonesian coast contains lauric acid, that induce wound healing process. **Objective:** To know the effect of Virgin Coconut Oil (VCO) on wound healing on male and healthy Wistar rat. **Methods and material:** Rats were divided into three groups, there are group I (control), group II smeared with a VCO, and in group III smeared with povidone iodine for 10 days. After day 10, wound contraction was measured, and histopathologic examination of wound tissue to determine the density of collagen. **Results:** The result shows significant differences in wound contraction between group II and III compared with control group. On histopathologic appearance, dense collagen density seen in the group who get the VCO, medium collagen density in the group of rats who received povidone iodine, and the density of collagen was lowest in the control group. **Conclusion:** The results of this study show that the VCO play a role in wound healing process such as povidone iodine.

Keywords: VCO, wound, collagen

INTRODUCTION

The skin is a greater total mass than any other organ in the body. Its made up of outer layer, the epidermis, is composed of stratified squamous keratinizing epithelium. The deeper layer, the dermis is composed of vascularized and irregularly arranged fibroelastic connective tissue. The epidermis contains 5 layers. From bottom to top the layers are named: stratum basale, stratum spinosum, stratum granulosum, stratum lucidum and stratum corneum. The bottom layer, the stratum basale, has cells that are shaped like columns. In this layer the cells divide and push already formed cells into higher layers. As the cells move into the higher layers, they flatten and eventually die. The top layer of the epidermis, the stratum corneum, is made of dead, flat cells that shed about every 2 weeks. There are three types of specialized cells in the epidermis, the melanocyte produces pigment (melanin), the Langerhans' cell is the frontline defense of the immune system in the skin and the Merkel's cell's function is not clearly known.

The dermis also varies in thickness depending on the location of the skin. It is 0.3 mm on the eyelid and 4 mm on the back. The dermis is composed of three types of tissue that are present throughout - not in layers. The three types of tissue are: collagen, elastic tissue, and reticular fibers. The two layers of the dermis are the papillary and reticular layers: the upper, papillary layer, contains a thin arrangement of collagen fibers, and the lower reticular layer, is thicker and made of thick collagen fibers that are arranged parallel to the surface of the skin.

The skin has many important functions, such as aesthetics and communication, sensation, regulation, protection, storage and synthesis, control of evaporation and primarily for protection: an anatomical barrier from pathogens and damage between the internal and external environment in bodily defense. Once the protective barrier is broken, the normal (physiologic) process of wound healing is immediately set in motion and repair begins after injury. Wound healing, which requires the concerted effort of numerous cell types, involves cell migration, proliferation, differentiation, and apoptosis³.

The Mechanisms of Wound Healing

The goal of wound-healing process is to repair the damaged skin. The classic model of wound healing is divided into three or four sequential, yet overlapping phases: considered a (1) inflammatory, (2) proliferative and (3) maturation and remodeling. When tissue is first wounded, blood comes in contact with collagen, triggering blood platelets to begin secreting inflammatory factors. Platelets also express glycoproteins on their cell membranes that allow them to stick to one another and to aggregate, forming a mass. Fibrin and fibronectin cross-link together and form a plug that traps proteins and particles and prevents further blood loss. This fibrin-fibronectin plug is also the main structural support for the wound until collagen is deposited. Migratory cells use this plug as a matrix to crawl across, and platelets adhere to it and secrete factors. The clot is eventually lysed and replaced with granulation tissue and then later with collagen. Platelets, the cells present in the highest

numbers shortly after a wound occurs, release a number of things into the blood, including ECM proteases and cytokines, including growth factors. Growth factors stimulate cells to speed their rate of division. Platelets release other proinflammatory factors like serotonin, bradykinin, prostaglandins, prostacyclins, thromboxane and histamine, which serve a number of purposes, including to increase cell proliferation and migration to the area and to cause blood vessels to become dilated and porous⁴.

In the inflammatory phase, bacteria and debris are phagocytosed and removed, and factors are released that cause the migration and division of cells involved in the proliferative phase. The proliferative phase is characterized by angiogenesis, collagen deposition, granulation tissue formation, epithelialization, and wound contraction. In angiogenesis, new blood vessels are formed by vascular endothelial cells. In fibroplasia and granulation tissue formation, fibroblasts grow and form a new, provisional extracellular matrix (ECM) by secreting collagen and fibronectin. Concurrently, re-epithelialization of the epidermis occurs, in which epidermal cells proliferate and 'crawl' atop the wound bed, providing cover for the new tissue⁵.

In contraction, the wound is made smaller by the action of myofibroblasts, which establish a grip on the wound edges and contract themselves using a mechanism similar to that in smooth muscle cells. In the maturation and remodeling phase, collagen is remodeled and realigned along tension lines and cells that are no longer needed are removed by apoptosis.

The final stage of wound healing is maturation and remodeling, in which the granulation tissue and fibroplasia recede. In this phase, collagen is remodeled and realigned along tension lines and cells that are no longer needed are removed by apoptosis. During this stage, the epidermis regenerates by undergoing resolution of transient hypertrophy, while the provisional matrix is replaced by a dermal matrix of collagen and low cellularity scar. Degradation of the collagen matrix is mediated by matrix metalloproteinases, which are secreted by the epidermal cells, fibroblasts, endothelial cells, and macrophages. Eventually, the wound is replaced by a new functional tissue. However, this process is not only complex but fragile, and susceptible to interruption or failure leading to the formation of chronic non-healing wounds. Factors which may contribute to this include diabetes, venous or arterial disease, old age, and infection^{6,7}.

The process of wound healing consists of integrated cellular and biochemical events leading to reestablishment of structural and functional integrity with regain of strength of injured tissue. Clinically, one often encounters non-healing, under-healing or over healing. Therefore the aim of treating a wound is to either shorten the time required for healing or to minimize the undesired consequences. Plants and their extracts have an immense potential for the management and treatment of wounds. Various herbal products have been used in many countries in management and treatment of wounds such as *Aloe vera*, *Azardica indica*, *Lantana camara* Linn, *Tridax procumbens*, *Hydnocarpus wightiana*, *Chromolaena odorata*, *Helianthus annuus* Linn, *Jasminum auriculatum*, *Ginkgo biloba*, *Cedrus deodara*, *Centella asiatica*, VCO etc^{8,9}.

Virgin Coconut Oil (VCO)

As a tropical country Indonesia is rich in various species of flora, from about forty thousand species of flora that grows in the world, there are thirty thousand species have grown in Indonesia and 26% have been cultivated and the rest still grows wild. About 940 species used as traditional medicine. One of that five is coconut tree, it has the world's most extensive coconut tree field (3712 million ha), and there are is scattered on the island of Java, Sumatra and Sulawesi¹⁰.

OBJECTIVES

To determine the effect of VCO on the wound healing process, we conducted the research on mice that were wounded. The wound were given with VCO and Povidone iodine. The wound contraction and the density of collagen in the wound were observed, and were compared with self healing wound.

METHODS AND MATERIAL

Three sets of experiments with three groups of male Wistar rats each consisting of 7 animals were used for studying wound healing. This research was recommended by Research Ethic Committee of Faculty of Medicine, Andalas University. Health Wistar rats, aged 8-12 weeks and 150-250 gram weight, were wounded and evaluated for 10 days. Group 1 treated with NaCl 0.9% was the control, group 2 was treated with VCO and group 3 was treated with Povidone iodine.

After the experimental period, the healing property of VCO was evaluated by monitoring the time taken for contraction of the wound, collagen solubility pattern and histopathology of the tissue were also analyzed.

Data were taken based on the comparison between two experimental groups. Data analysis for parametric was calculated by ANOVA test. As for non-parametric data using Kruskal-Wallis test. The approach is based on experimental research designs.

In evaluation of wound contraction, it was showed there were statistically significant difference between control group (group I) and treated group (group II and III) with p value <0.05. While the comparison of wound contraction between group II and group III showed no statistically significant difference (p>0.05).

Presentation of wound contraction on control group rats which recieved NaCl (group I) and group II treated with VCO and group III treated with povidone iodine in day 10 after wounded

No	Group I (NaCl)	Group II	Group III
1	92,85	97,07	98,76
2	91,76	99,33	99,84
3	97,50	100,00	97,66
4	98,82	99,73	98,30
5	96,47	100,00	98,30
6	92,50	99,69	99,00
7	92,50	100,00	98,42
Mean	94,62	99,40	98,67
SD	2,87	1,05	0,68
p (I) : p (II) = 0,02.		p (I) : p (III) = 0,011.	p (II) : p (III) = 0,073



Figure 1: Comparison of wound healing in control group rats given (a), group II which treated with VCO (b) and group III which treated with povidone iodine (c) at day-10.

Histopathological appearance of wound healing process on control group 10 days after wounded, showed incomplete epithelization, abscess with many capillaries. The density of collagen were moderate to low (table 2: figure 2).

On the group I which treated with VCO, the histopathological treatment showed complete epithelization, there are few capillaries and few inflammatory cells. The density of collagen in all of animal wound preparat are dens. While in group III which treated with povidone iodine the density of collagen are dens in most animal wound preparat (figure 3).

Table 2: The density of collagen of wound on control group rats which recieved NaCl (group I) and group II treated with VCO and group III treated with povidone iodine in day 10 after wounded

No	Group I	Group II	Group III
1	1	2	2
2	1	2	2
3	2	2	2
4	2	2	2
5	2	2	2
6	2	2	1
7	2	2	2

Density of collagen on wound

- 0 : few collagen fiber predominantly with loss connective tissue
- 1 : moderat collagen fiber with moderate loss connective tissue
- 2 : dens collagen fiber with a few connective tissue

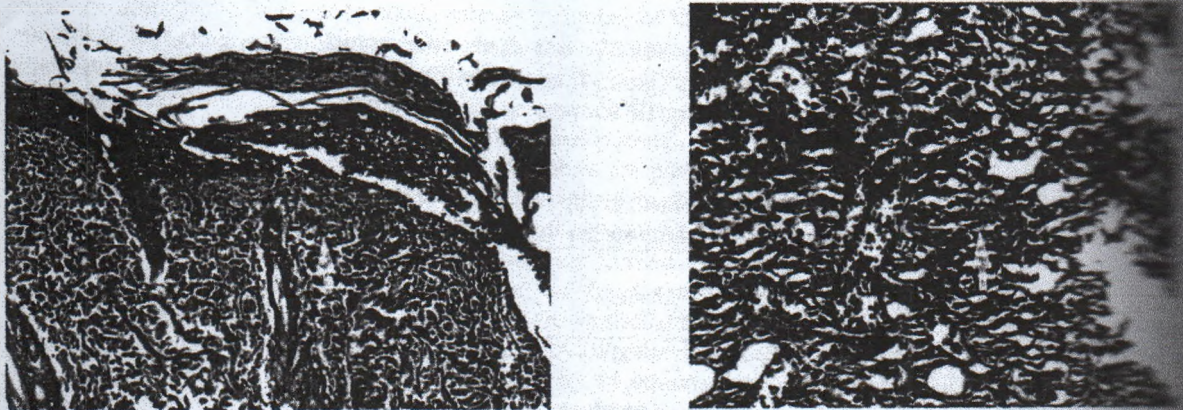


Figure 2 : Histopathological appearance of wound healing process on control group a (40x)
 Collagen fiber and inflammatory cell (arrow)

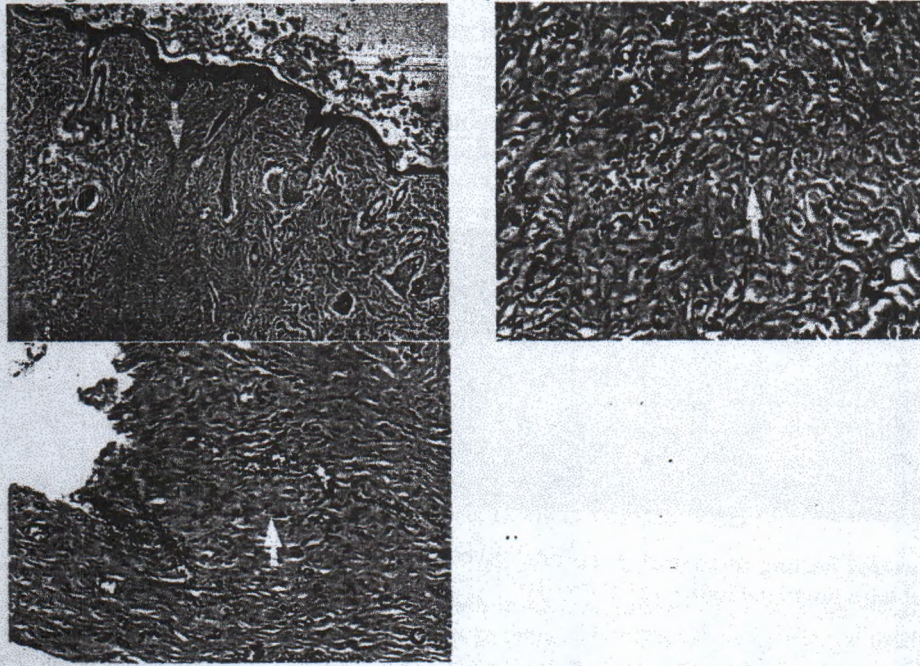


Figure 3 : Histopathological appearance of wound healing process in treated group. Group II treated with ... (a) and (b) and group III treated with povidone iodine (c)

DISCUSSION

Wound healing is a complex process that involves the organization of cells, chemical signals, and extracellular matrix to repair the tissue. In turn, the treatment of wounds tries to quickly close the damage to obtain a functionally and esthetically satisfactory scar. To that end, it is indispensable to have greater understanding of the biological process involved in the healing of wounds and tissue regeneration¹¹.

One of fibroblasts' most important duties is the production of collagen. Collagen deposition is important because it increases the strength of the wound; before it is laid down, the only thing holding the wound closed is the fibrin-fibronectin clot, which does not provide much resistance to traumatic injury. Also, cells involved in inflammation, angiogenesis, and connective tissue construction attach to, grow and differentiate on the collagen matrix laid down by fibroblasts. Type III collagen and fibronectin are generally beginning to be produced in appreciable amounts at somewhere between approximately 10 hours and 3 days, depending mainly on wound size. Their deposition peaks at one to three weeks. They are the predominating tensile substances until the remodeling phase of maturation, in which they are replaced by the stronger type I collagen¹².

This study shows that day 10 after wounded is the the final stage of wound healing , there is the remodeling phase. During this phase, collagen is deposited by fibroblasts and formed into an organized network. Initially, the collagen strands laid down in the wound are thin and run parallel to the wound surface. During remodeling, however, collagen production increases. At the same time, some destruction of the original collagen

making room for the formation of new collagen, which is thicker and tends to be oriented along the lines within the wound.



Figure 4: Histopathologis appearant of collagen fiber on wound process healing in rat, which treated with VCO, 14 days after wounded

The anti-inflammatory property and the presence of *Lauric acid* of VCO is in the early synthesis of collagen fibers by mimicking. Farmacological activity of *Lauric acid* in VCO increase in blood, antioxidant, membrane stabilizing, improvement in cognition and pro-healing. Its can also promote wound healing without altering wound contraction. The other activity of *lauric acid* is to lysis of microbial membrane that inactivate various microba

The use of VCO as phyto-medicines for wound healing are not only cheap and affordable but are also reportedly safe as hyper sensitive reactions are rarely encountered with the use of these agents. These natural agents induce healing and regeneration of the lost tissue by multiple mechanisms. However, there is a need for scientific validation, standardization and safety evaluation of plants of the traditional medicine before these can be recommended for healing of the wounds

CONCLUSION

Wound is defined simply as the disruption of the cellular and anatomic continuity of a tissue. Wound can be produced by physical, chemical, thermal, microbial or immunological insult to the tissue. VCO is cheap, safe and natural active agent that can induce wound healing by stimulate cellular and colagen fiber. There is need advance research to use VCO for treatment of wound healing.

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THE EFFECT OF VIRGIN COCONUT OIL (VCO) AND POVIDONE IODINE ON THE DENSITY OF COLLAGEN AND WOUND CONTRACTION IN WOUND HEALING PROCESS IN RATS
 Darwin Eryati * and Mohammad Jamil **. * Departement Histology and **School of Nursing,
 Faculty of Medicine, University of Andalas. Padang, Indonesia

Background

The skin has many important functions, such as aesthetics and communication, sensation, regulation, excretion, storage and synthesis, control of evaporation and primarily for protection. Once the protective barrier is broken, the physiologic process of wound healing is immediately set in motion and repair itself after injury, which requires the concerted effort of numerous cell types, involves cell migration, proliferation, differentiation, and apoptosis. Clinically, one often encounters non-healing, under-healing or over healing. Therefore the aim of treating a wound is to either shorten the time required for healing or to minimize the undesired consequences. Plants and their extracts have immense potential for the management and treatment of wounds. Various herbal products have been used by many countries in management and treatment of wounds such as *Aloe vera*, *Azardica indica*, *Lantana camara* Linn, *Tridax procumbens*, *Jasminum auriculatum*, *Ginkgo biloba*, *VCO* etc. To determine the effect of VCO on the wound healing process, the wound contraction and the density of collagen in the experimental animal wound were observed.

Methods

Three groups of male Wistar rats each consisting of 7 health Wistar rats, aged 8-12 weeks and 150-250 gram weight, were wounded and evaluated for 10 days . Group 1 treated with NaCl 0.9% was the control, group 2 was treated with VCO, and group 3 was treated with Povidone iodine. After the experimental period, the healing property of VCO was evaluated by monitoring the time taken for contraction of the wound, collagen solubility pattern and histopathology of the tissue were also analyzed.

Results:

In evaluation of wound contraction, it was showed there were statistically significant difference between control group (group I) and treated group (group II and III) with p value <0.05. While the comparison of wound contraction between group II and group III showed no statistically significant difference (p>0.05) (table 1). On the group I which treated with VCO , the histopathological treatment showed complete epithelization, there are few capillaries and few inflammatory cells. The density of collagen in all of animal wound preparat are dens. While in group III which treated with povidone iodine the density of collagen are dens in almost animal wound preparat (Figure:1)

This study shows that during the skin-remodeling phase collagen is deposited by fibroblasts and formed into an organized network. Initially, the collagen strands laid down in the wound are thin and run parallel to the wound surface. At the same time, some destruction of the original collagen occurs, making room for the formation of new collagen, which is thicker and tends to be oriented along the lines of stress within the wound.

Table 1: Percentage of wound cintraction on control group(Group I), treated group (group II) and treated with povidine iodine (group III) 10 days after wounded

No.	Group I (NaCl)	Group II	Group III
1	92,85	97,07	98,76
2	91,76	99,33	99,84
3	97,50	100,00	97,66
4	98,82	99,73	98,30
5	96,47	100,00	98,30
6	92,50	99,69	99,00
7	92,50	100,00	98,42
Mean	94,62±2,87	99,40±1,05	98,67±0,68

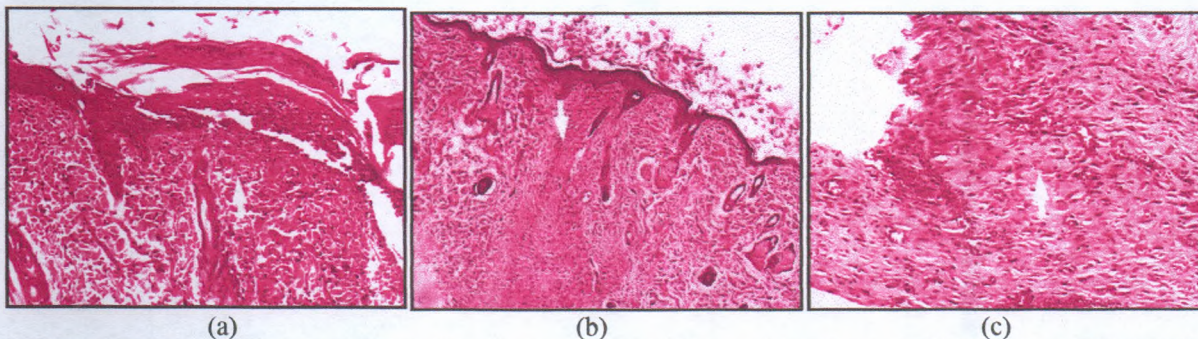


Figure 1: Histopathological appearance of wound healing process in control group (a) and treated with VCO (b) and treated with povidone iodine (c). Arrow: collagen fiber

Conclusion

Wound is defined simply as the disruption of the cellular and anatomic continuity of a tissue. Wound may be produced by physical, chemical, thermal, microbial or immunological insult to the tissue. VCO is cheap, safe, and natural active agent that can induce wound healing by stimulate cellular and collagen fiber. There is need advance research to use VCO for treatment of wound healing



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INDONESIAN ANATOMIST ASSOCIATION
(PERHIMPUNAN AHLI ANATOMI INDONESIA-PAAI)**

This certificate is presented to:

Prof. Eryati Darwin, dr

As Speaker/Participant/Moderator/Jury/Editor boards/Committee

in

**6th Asia-Pacific International Congress of Anatomy
13th National Congress of Indonesian Anatomist Association
(6th APICA & 13th PIN-PAAI)**

22nd-23rd of July, 2011

**Faculty of Medicine Airlangga University
Surabaya, Indonesia**

Yun Qing Li

Prof. Yun Qing Li

Abdurachman

Dr. Abdurachman, dr., M.Kes, PA(K)