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(Presenter)

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## Stress and emotional experience of elderly living in nursing home in Indonesia

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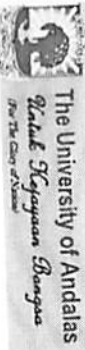
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## Background and Aim

- There were varying arguments:  
:in stress-influencing accounts for aged people.
- Features:  
:Vary among country backgrounds.
- This study aimed:  
: Analyze aged care people emotional experience  
: Factors associated with their stress



## Methods

- Location:
  - Sabai Nan Aluuh Nursing Home,
  - The largest public nursing home in West Sumatera Province of Indonesia.
- Participants:
  - Eligible participants were screened and selected
  - Using MMSE (Mini Mental State Examination) and PSS-10 (Perceive Stress Scale-10).
  - ...

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- Qualitative approach:  
Twenty eligible participants with medium to high stress level without cognitive and mental disorder were put in in-depth interview session.
- Analysis:  
Withdrawn themes were analyzed by grounded theory approach that able to answer the research question



## Result and Discussion

- Enrollment to aged care: voluntary and family-based decision
- In both decision for enrollment:
  - Feeling of disengagement from the family and in family exile
  - This becomes the important stress-inducing accounts for them.
  - ...

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- Despite majority of them satisfy with the services provided in nursing home:
  - In their constructed value, family offspring were socially set up as future investment for their social security *Vis a Vis* fulfilling moral obligation.
  - Delegation of responsibility from family-based care to aged care institution remains the key account in their stress.
  - Collectivity remains the operation of cultural authority in the community and violating this value of reference may not fit with emotional expectation in their age.

## Conclusion

- Our study indicated that inability to cope with contravention of social reference as underlying factor.
- Along with the other preexisting individual associated family problem affects considerable degree of stress and emotion in the elderly in one of Indonesia aged care housing.

## Selected References:

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